MEDICARE FOR CHIROPRACTORS 2023 UPDATES AND INTRODUCTION TO MEDICARE

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FORMS/VISUAL AID DISCLAIMER

What's Medicare?

Medicare is health insurance for:

- People 65 or older
- Under 65 with certain disabilities
- People of any age with End-Stage Renal Disease (ESRD) (permanent kidney failure requiring dialysis or a kidney transplant)

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THE CENTERS FOR MEDICARE AND MEDICAID SERVICES (CMS) **PROVIDES HEALTH COVERAGE TO MORE THAN 100 MILLION PEOPLE** THROUGH MEDICARE, MEDICAID, THE CHILDREN'S
HEALTH INSURANCE PROGRAM, AND THE HEALTH INSURANCE MARKETPLACE.



2021 BASED ON 2019 STATISTICS



Medicare Beneficiaries

WHO'S COVERED BY MEDICARE - 2019:





Represents 18.66% of the US Population as of the 2020 Census (329.5 Million)

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The Centers for Medicare & Medicaid Services (CMS) released the latest enrollment figures for Medicare on January 5th 2023.

As of September 2012, 65,103,807 people are enrolled in Medicare, an increase of 160,823 since the last report. **Enrollment in Medicare is up by 4 million enrollees since 2019, when total enrollment was around 61.5 million**.

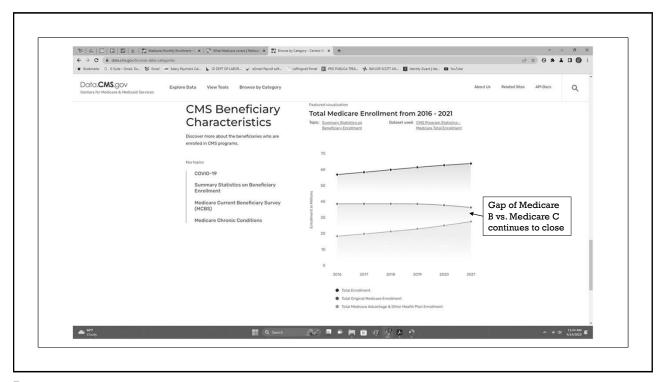
Of those:

•34,984,295 are enrolled in Original Medicare.

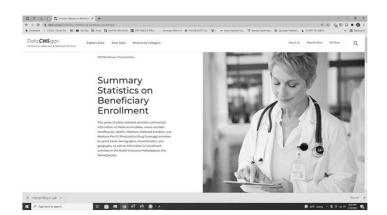
2023, BASED ON 2022 STATISTICS

- •30,119,512 are enrolled in Medicare Advantage or other health plans. This includes enrollment in Medicare Advantage plans with and without prescription drug coverage.
- •50,574,579 are enrolled in Medicare Part D. This includes enrollment in stand-alone prescription drug plans as well as Medicare Advantage plans that offer prescription drug coverage.
- •Represents 19.8% of the US Population as of the 2020 Census (329.5 Million)

SOURCE: https://medicareadvocacy.org/medicare-enrollment-numbers/



HOW MANY MEDICARE PATIENTS ARE IN MY STATE?



https://data.cms.gov/summary-statistics-on-beneficiary-enrollment

•More than 1.6 million <u>residents are enrolled in Medicare in Virginia</u>; 12% percent are under age 65 and eligible due to a disability.

1.157 Mil in 2020

•About one third of Virginia Medicare beneficiaries are <u>enrolled in Medicare Advantage plans</u> (nationwide, it's about 46%). 37% in 2020

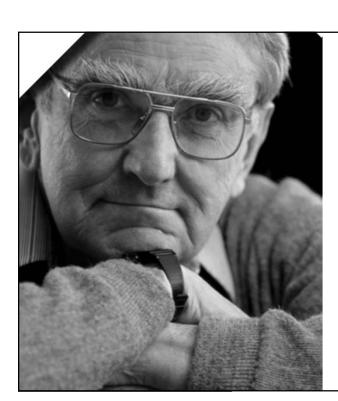
•All counties in Virginia have Medicare Advantage plans available, with plan availability ranging from 29 plans in Buckingham County to 66 plans in Henrico County.

•In Virginia, <u>42 insurers offer Medigap plans</u> and more than 443,000 Medicare beneficiaries in the state have Medigap coverage.

•As of 2021, Virginia requires Medigap insurers to offer at least one plan to people under age 65 (but not including people with ESRD). Virtually all of the insurers are offering Plan A, and premiums are significantly higher for this population. But legislation is under consideration in 2023 that would limit premiums as of 2024 and extend Medigap protections to ESRD patients who are under 65.

•There are 24 stand-alone Part D prescription plans available in Virginia for 2022, with premiums ranging from about \$5 to \$108 per month. More than a million Virginia Medicare beneficiaries have Part D coverage, either under stand-alone plans or as part of their Medicare Advantage coverage.

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THE 'A-B-C-D' OF MEDICARE

WHAT ARE THE PARTS OF MEDICARE?



Part A (Hospital Insurance)

Helps cover:

- · Inpatient care in hospitals
- · Skilled nursing facility care
- · Hospice care
- · Home health care
- □Part A is automatic upon reaching eligibility for Medicare
- \square Paid for by 40 quarters of employee contributions, no monthly premium
- ☐ If contribution requirement not met, Part A is available by paying a monthly premium

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MEDICARE PART A COSTS

Part A costs:	What you pay in 2023:
Premium	\$0 for most people (because they paid Medicare taxes long enough while working - generally at least 10 years). This is sometimes called "premium-free Part A." <u>Do I qualify?</u> ①
	If you don't qualify for a premium-free Part A, you might be able to buy it. In 2023, the premium is eithe \$278 or \$506 each month, depending on how long you or your spouse worked and paid Medicare taxes
	You also have to sign up for Part B to buy Part A.
	• If you don't buy Part A when you're first eligible for Medicare (usually when you turn 65), you might pay a penalty. How much is the Part A penalty?
Deductible	\$1,600 for each time you're admitted to the hospital per benefit period before Original Medicare starts to pay. There's no limit to the number of benefit periods year call have.
Inpatient	Days 1-60: \$0 after you pay your Part A deductible
stays	Days 61-90: \$400 each day
(copayments)	Days 91-150: \$800 each day while using your 60 lifetime reserve days After day 150: You pay all costs

WHAT ARE THE PARTS OF MEDICARE?



Part B (Medical Insurance)

Helps cover:

- Services from doctors and other health care providers
- · Outpatient care
- · Home health care
- Durable medical equipment (like wheelchairs, walkers, hospital beds, and other equipment)
- Many preventive services (like screenings, shots or vaccines, and yearly "Wellness" visits)
- ☐ Part B is automatic upon reaching eligibility for Medicare
- \square Requires additional monthly premium.
- ☐ Requires patient to opt out or REPLACE coverage

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MEDICARE PART B COSTS Part B costs: What you pay 2023: \$164.90 each month (Premium higher depending on your income). The amount can change each year. You'll pay the pre um each month, even if you don't get any Part B-covered services. er premium because of income? ① How do I pay my Part B premiums? ① You might pay a penalty if you don't sign up for Part B when you're first eligible for Medicare (usually when you turn 65). Check when I should sign up for Part B. How much is the Part B late enrollment penalty? • You'll pay an extra 10% for each year you could have signed up for Part B, but didn't. • This penalty is added to your monthly Part B premium. (You may also pay a higher premium depending on your income.) • It's not a one-time late fee – you'll pay the penalty for as long as you have Part B. • Generally, you **won't** have to pay a penalty if you qualify for a Special Enrollment Period. To qualify, you (or your spouse) must still be working and you must have health coverage based on that job. B penalty. (1) Deductible nal Medicare starts to pay. You pay this deductible once each You'll pay \$226, before Ori Costs for services You'll usually pay 20% of the est for each Medicare-covered service or item after you've paid coinsurance) your deductible

Medicare Part C (also known as Medicare Advantage)

Medicare Advantage Plans (like HMOs or PPOs) provide your Part A and Part B coverage and many times offer additional benefits. Private insurance companies approved by Medicare run these plans. Generally, you must see doctors in the plan. Most Medicare Advantage Plans cover prescription drugs (Medicare Part D). You choose the Medicare Advantage Plan (with or without prescription drug coverage) and pay a monthly premium. Costs vary by plan.

WHAT ARE THE PARTS OF MEDICARE?

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COMPARISON OF ORIGINAL MEDICARE AND MEDICARE ADVANTAGE

ORIGINAL MEDICARE MEDICARE ADVANTAGE Part A Part A Part B You can add: ☑ Part B ☐ Part D You can also add: Most plans include: □ Supplemental coverage ☑ Part D This includes Medicare Supplement Insurance (Medigap). See Section 5 (starting on page 75) to learn more about Medigap. Or, you ☑ Some extra benefits can use coverage from a former employer or union, or Medicaid.



DIFFERENCE BETWEEN
MEDICARE A/B AND MEDICARE
ADVANTAGE

CHOICE OF HOSPITALS AND/OR HEALTH CARE PROVIDERS

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WHAT ARE THE PARTS OF MEDICARE?



Part D (Drug coverage)

Helps cover the cost of prescription drugs (including many recommended shots or vaccines).

Plans that offer Medicare drug coverage (Part D) are run by private insurance companies that follow rules set by Medicare.

COORDINATING BENEFITS

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Name/Nombre
JOHN L SMITH

Medicare Number/Número de Medicare

1EG4-TE5-MK72

Entitled to/Con derecho a

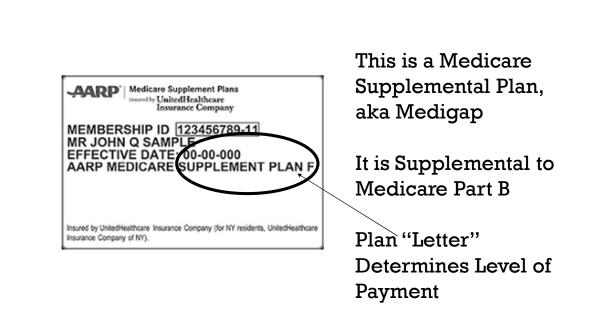
PART A
PART B

PATIENTS ARE ISSUED THIS CARD WHEN THEY BECOME ELIGIBLE

Coverage starts/Cobertura empieza

03-03-2016

03-03-2016



				I I	PLAN	Ī					Supplemental Plans are designed to "gap"
					Medic	jap pl	lans				Medicare Coverage.
Medicare Part A coinsurance and hospital costs (up to an additional 365 days after Medicare	A 100%	B 100%	C 100%	D 100%	F* 100%	G* 100%	100%	L 100%	M 100%	N 100%	Medicare pays 80%, the supplemental plar takes care of the 20% at the rate indicated b
Medicare Part B coinsurance or copayment	100%	100%	100%	100%	100%	100%	50%	75%	100%	100%***	the medigap plan.
Blood (first 3 pints)	100%	100%	100%	100%	100%	100%	50%	75%	100%	100%	Most Medigap plans
Part A hospice care coinsurance or copayment	100%	100%	100%	100%	100%	100%	50%	75%	100%	100%	do NOT pay for services that Medicare
Skilled nursing facility care coinsurance			100%	100%	100%	100%	50%	75%	100%	100%	does not cover.
Part A deductible		100%	100%	100%	100%	100%	50%	75%	50%	100%	Most Supplemental
Part B deductible			100%		100%						plans are "crossover"
Part B excess charges					100%	100%					plans, and billing is
Foreign travel emergency (up to plan limits)			80%	80%	80%	80%			80%	80%	not necessary.
								-pocket 2020**			Medicare B forwards the claim info to the
							\$5,880	\$2,940			Medigap plan directly

"TRUE" SECONDARY PLAN

- Some retirement and union plans provide true secondary policies.
- These plans may provide expanded coverage such as payment for exams, x-rays and therapies
- If the insurance card is not clearly a Medigap plan, verify benefits
- These types of plans may also not crossover directly from Medicare. Manual secondary billing would be necessary



Subscriber Name: JANE SMITH Identification Number: T3X123456789

Group Number: 485000 Coverage Date: 01/01/23

BCA



TRS-Care Standard

Dependent Name: JOHN SMITH

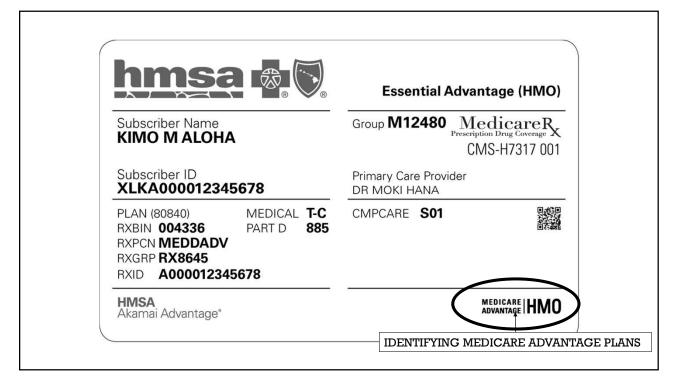
Deductible Medical Services Teladoc RediMD

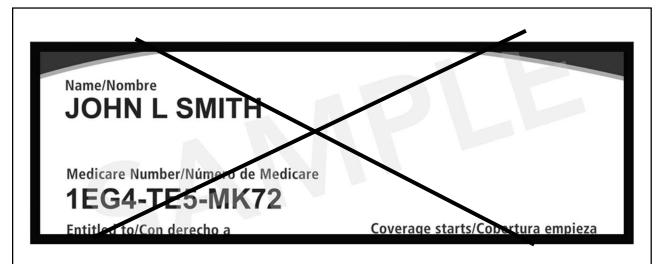
\$1,500/\$3,000 20% after ded. \$42 Medical \$30 Medical

Blue Edge



23

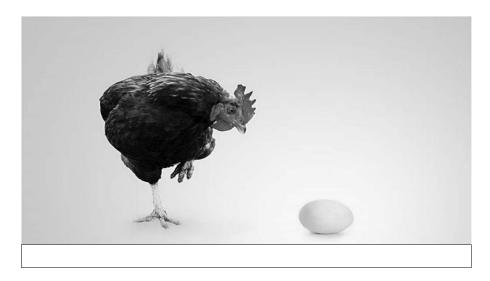




IF A PATIENT HAS A MEDICARE ADVANTAGE
PLAN, DO NOT ENTER THIS CARD IN THE BILLING
SYSTEM- JUST KEEP A COPY ON FILE

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MEDICARE AS A SECONDARY PAYER



How does my other insurance work with Medicare?

When you have other insurance and Medicare, there are rules for whether Medicare or your other insurance pays first.

If you have retiree insurance (insurance from wour or your spouse's former employment)

If you're 65 or older, have group health plan coverage based on your or your spouse's current employment, and the employer has 20 or more employees..

If you're 65 or older, have group health plan coverage based on your or your spouse's current employment, and the employer has fewer than 20 employees..

If you're under 65 and have a disability, have group health plan coverage based on your family member's current employment, and the employer has 100 or more employees..

If you re under 65 and have a disability, have group health plan coverage based on your or a family member's current employment, and the employer has fewer than 100 employees..

If you have Medicare because of End-Stage Renal Disease (ESRD)...

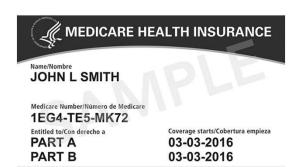
Your group health plan coverage based on your or a family member's current employment, and the employer has fewer than 100 employees...

If you have Medicare because of End-Stage Renal Disease (ESRD)...

Instances where
Medicare may be
secondary

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WHEN A PATIENT BRINGS YOU THIS...



Medicare Supplement Plans
Insurance Company

MEMBERSHIP ID 123456789-11

MR JOHN Q SAMPLE

EFFECTIVE DATE: 00-00-000

AARP MEDICARE SUPPLEMENT PLAN F

Insured by UnitedHealthcare Insurance Company (for NY residents, UnitedHealthcare Insurance Company of NY).

1 2



Check Benefits, may be a true secondary

BlueCross BlueShield of Texas An Independent licensec of the Bue Cross and Blue Shield Association

> 485000 01/01/23



03-03-2016

Medicare Number/Número de Medicare
1EG4-TE5-MK72

Entitled to/Con derecho a Coverage starts/Cobertura empieza 03-03-2016

PART B

T3X123456789
Group Number:
Coverage Date:

Subscriber Name: JANE SMITH TRS-Care Standard

Dependent Name:
JOHN SMITH

Deductible \$1,500/\$3,000

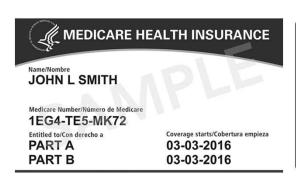
> Blue Edge PPO

1 2

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WHEN A PATIENT BRINGS YOU THIS...

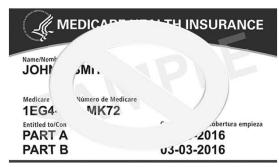
Dual Eligible Patient



1 2

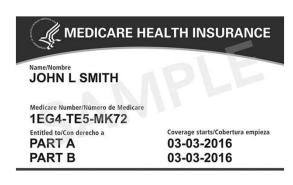


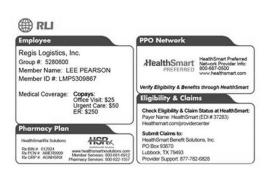
Medicare Advantage REPLACES Medicare B



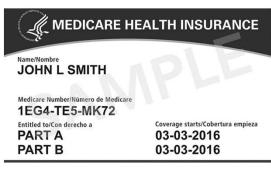


WHEN A PATIENT BRINGS YOU THIS... STILL WORKING, 60 EMPLOYEES





WHEN A PATIENT BRINGS YOU THIS... AUTO ACCIDENT



YMFORM
YM INSURANCE INFORMATION

INSURED JOE, JOHN M & JAMES Z

POLICY NUMBER 999 8920-E05-25A
YR 2008 MAKE HONDA

EFFECTIVE

AGENT Rocky BolBao 12/1/2016 TO 12/31/2017
PHONE (309) 555-7777 VIN 1BOX1N6FORL1F31ZX

BODILY INJURY / PROPERTY DAMAGE
MEDICAL PAYMENT
COMPREHENSIVE
COLLISION
EMERGENCY ROAD SERVICE
PPV F SERVICE

2

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WHEN A PATIENT BRINGS YOU THIS...

MEDICARE HEALTH INSURANCE Name/Nembre JOHN Medicar 1EG4 "C-MK72 Entitled ta/Con PART A O3-03-2016 03-03-2016

Optima Health &

Dual Eligible MA Patient

OPTIMA FAMILY CARE
MEDICAID XP
Member Name: JOHN DOE
Member Name: 9999999'99
Group Number: OFC
Group Number: OFC
FC OV: 30
PCP Name: JANE DOE
PCP Phone: 999999999
Medicaid: 9999999999
DOB: 9999999999
Dob: 999999999
Dob: 999999999
Dob: 9999999999

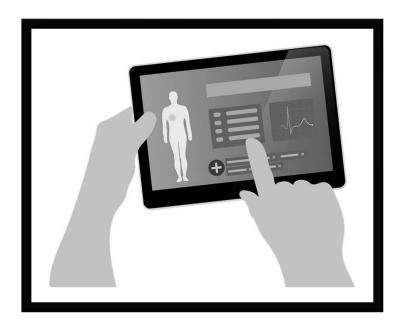
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Subscriber Name KIMO M ALOHA

Subscriber Name KIMO M ALOHA

Subscriber IN MEDICAL TC ROBERT CARREN 004356 PART D 885 PRICE ALOHO REDICAL TC ROBERT PART ON THE PART OF THE PART OF THE PART ON THE PART OF THE PAR



CHIROPRACTIC COVERAGE AND CLINICAL DOCUMENTATION REQUIREMENTS

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MEDICARE COVERAGE OF CHIROPRACTIC (NATIONAL POLICY)

Medicare Benefit Policy Manual Chapter 15 – Covered Medical and Other Health Services

Table of Contents (Rev. 10639, 03-12-21) (Rev. 10573, 03-24-21)

MEDICARE COVERAGE OF CHIROPRACTIC

30.5 - Chiropractor's Services

(Rev. 23, Issued: 10-08-04, Effective: 10-01-04, Implementation: 10-04-04) B3-2020.26

A chiropractor must be licensed or legally authorized to furnish chiropractic services by the State or jurisdiction in which the services are furnished. In addition, a licensed chiropractor must meet the following uniform minimum standards to be considered a physician for Medicare coverage. Coverage extends only to treatment by means of manual manipulation of the spine to correct a subluxation provided such treatment is legal in the State where performed. All other services furnished or ordered by chiropractors are not covered.

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MAINTENANCE THERAPY

B. Maintenance Therapy

Under the Medicare program, Chiropractic maintenance therapy is not considered to be medically reasonable or necessary, and is therefore not payable. Maintenance therapy is defined as a treatment plan that seeks to prevent disease, promote health, and prolong and enhance the quality of life; or therapy that is performed to maintain or prevent deterioration of a chronic condition. When further clinical improvement cannot reasonably be expected from continuous ongoing care, and the chiropractic treatment

becomes supportive rather than corrective in nature, the treatment is then considered maintenance therapy. For information on how to indicate on a claim a treatment is or is not maintenance, see §240.1.3.

An x-ray may be used to document subluxation. The x-ray must have been taken at a time reasonably proximate to the initiation of a course of treatment. Unless more specific x-ray evidence is warranted, an x-ray is considered reasonably proximate if it was taken no more than 12 months prior to or 3 months following the initiation of a course of chiropractic treatment. In certain cases of chronic subluxation (e.g., scoliosis), an older x-ray may be accepted provided the beneficiary's health record indicates the condition has existed longer than 12 months and there is a reasonable basis for concluding that the condition is permanent. A previous CT scan and/or MRI is acceptable evidence if a subluxation of the spine is demonstrated.

ESTABLISH MEDICAL NECESSITY

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CONDITIONS THAT WARRANT ACTIVE TREATMENT

 Acute subluxation-A patient's condition is considered acute when the patient is being treated for a new injury, identified by x-ray or physical exam as specified above. The result of chiropractic manipulation is expected to be an improvement in, or arrest of progression, of the patient's condition.

CONDITIONS THAT WARRANT ACTIVE TREATMENT

Chronic subluxation-A patient's condition is considered chronic when it is not
expected to significantly improve or be resolved with further treatment (as is the
case with an acute condition), but where the continued therapy can be expected to
result in some functional improvement. Once the clinical status has remained
stable for a given condition, without expectation of additional objective clinical
improvements, further manipulative treatment is considered maintenance therapy
and is not covered.

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HOW MANY VISITS....

240.1.5 - Treatment Parameters (Rev. 23, Issued: 10-08-04, Effective: 10-01-04, Implementation: 10-04-04) B3-2251.5

The chiropractor should be afforded the opportunity to effect improvement or arrest or retard deterioration in such condition within a reasonable and generally predictable period of time. Acute subluxation (e.g., strains or sprains) problems may require as many as three months of treatment but some require very little treatment. In the first several days, treatment may be quite frequent but decreasing in frequency with time or as improvement is obtained.

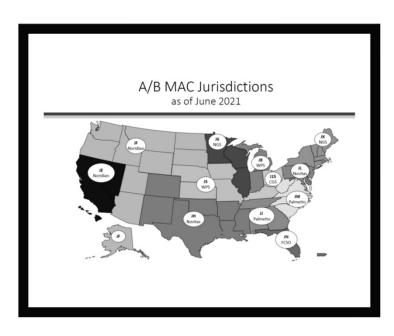
Chronic spinal joint condition implies, of course, the condition has existed for a longer period of time and that, in all probability, the involved joints have already "set" and fibrotic tissue has developed. This condition may require a longer treatment time, but not with higher frequency.

Misinformation #1: There is a 12 visit cap or limit for chiropractic services.

Correction: There are no caps/limits in Medicare for covered chiropractic care rendered by chiropractors who meet Medicare's licensure and other requirements as specified in the "Medicare Benefit Policy Manual," Chapter 15, Section 30.5 (this manual is available at http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/index.html on the CMS website).

Your Medicare Administrative Contractor (MAC) may have review screens (numbers of visits at which the MAC might require a review of documentation before allowing further care), but caps/limits are not allowed.

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WHO IS MY MEDICARE PART B ADMINISTRATIVE CONTRACTOR (MAC)?

- Palmetto GBA, Jurisdiction M (Most of Virginia)
- Novitas Solutions, Jurisdiction L (Part B for counties of Arlington and Fairfax in Virginia and the city of Alexandria in Virginia)

LCD'S AND LCA'S

LCD= LOCAL COVERAGE DETERMINATION

 Provides information on how to establish medical necessity, limitations and documentation requirements for initial and subsequent visits (Palmetto LCD is document L37387)

• LCA= LOCAL COVERAGE ARTICLE

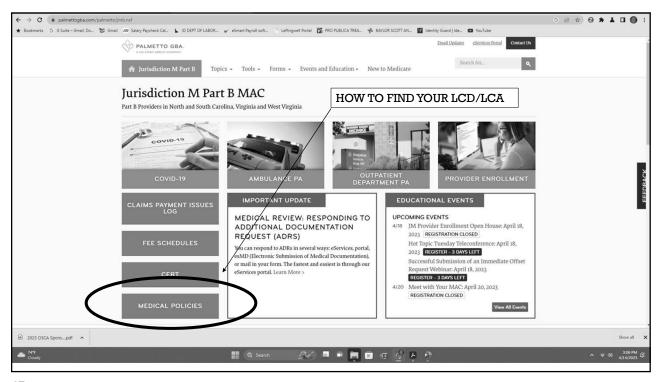
 Provides Billing and Coding Guidance (Palmetto LCA is Document A56616)

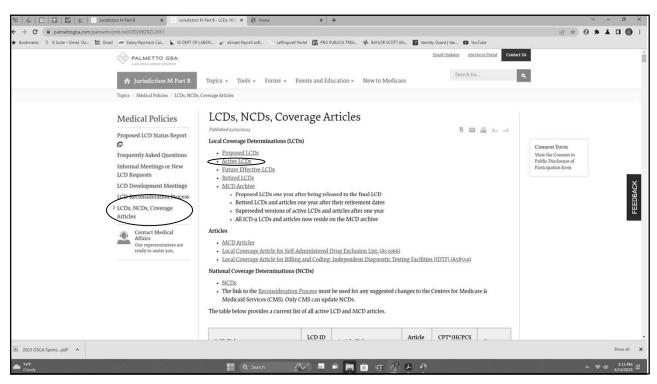
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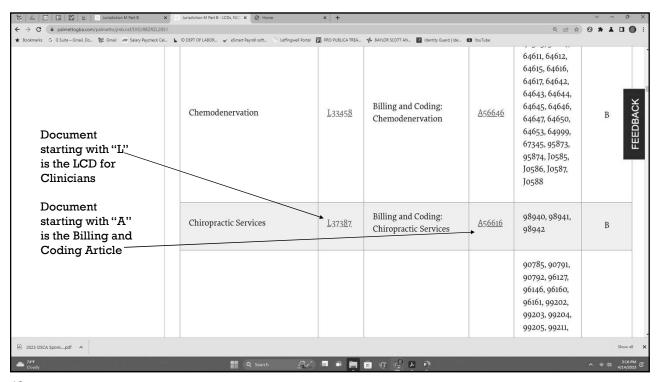
LCD/LCA RULES

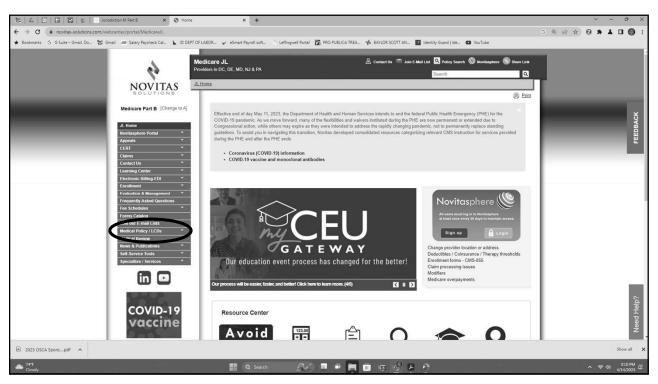
- Always use the LCD/LCA for your MAC (Medicare Administrative Contractor)
- Always use the most recent version

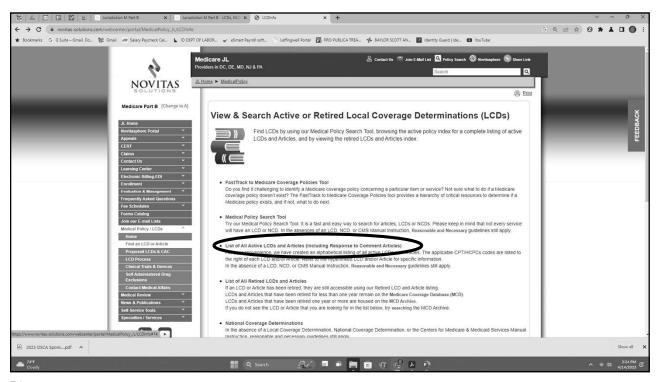
LCD'S AND LCA'S

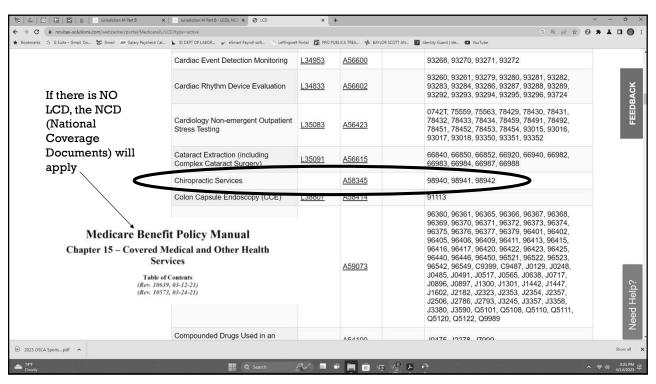












ADDITIONAL AIDS FOR DOCUMENTATION COMPLIANCE

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2021-03

Date

2021-03

Topic Provider Compliance

Title Medicare Documentation Job Aid For Doctors of

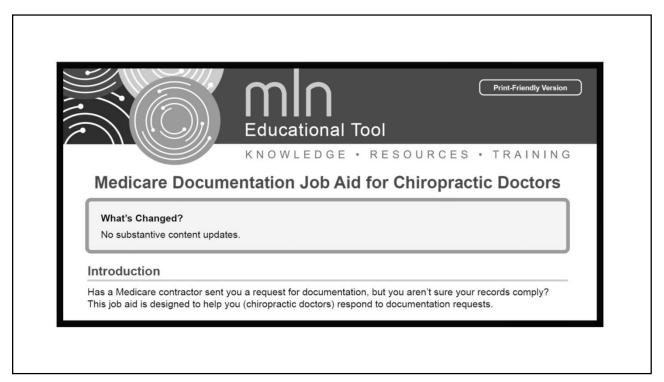
Chiropractic

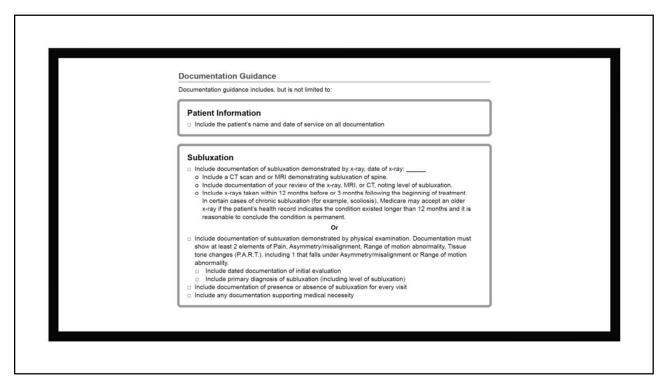
Format

Educational Tool

ICN: MLN1232664

Publication Description: A new Medicare Documentation Job Aid For Doctors of Chiropractic Medicare Learning Network Fact Sheet is available. Learn about how to respond to medical records requests, documentation to support medical necessity and medical records which support "corrective treatment."





Initial Evaluation

- □ History
 - Date of initial treatment
 - □ Description of current illness
 - $\hfill \square$ Symptoms directly related to level of subluxation causing patient to seek treatment
 - □ Family history, if relevant (recommended)
 - Past health history (recommended)
 - □ Mechanism of trauma (recommended)
 - Quality and character of symptoms or problem (recommended)
 - Onset, duration, intensity, frequency, location, and radiation of symptoms (recommended)
 - Aggravating or relieving factors (recommended)
 - Prior interventions, treatments, medication, and secondary complaints (recommended)
- Contraindications (for example, risk of injury to patient from dynamic thrust or discussion of risk with patient) (recommended)
- □ Physical examination (P.A.R.T.)
 - Evaluation of musculoskeletal and nervous system through physical examination
- Documentation of presence or absence of subluxation for every visit
- □ Treatment given on day of visit (if applicable)
 - o Include specific areas and levels of the spine where manipulation was performed.
 - Medicare may cover treatment performed using hand-held devices; however, Medicare does not offer additional payment or recognize an extra charge for use of the device.

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Treatment Plan

- □ Frequency and duration of visits (recommended)
- Specific treatment goals (recommended)
- $\hfill \Box$ Objective measures to evaluate treatment effectiveness (recommended)

Subsequent Visit

- □ History
- □ Review of chief complaint
- □ Changes since last visit
- System review, if relevant
- □ Physical examination (P.A.R.T.)
- $\hfill \square$ Assessment of change in patient condition since last visit
- □ Evaluation of treatment effectiveness
- Documentation of presence or absence of subluxation for every visit
- Treatment given on day of visit (include specific areas and levels of spine where manipulation was performed)

General Guidelines

- Make sure medical records submitted show that the service is a corrective treatment, rather than maintenance
 - For Medicare purposes, place an AT modifier on a claim when you provide active or corrective treatment to treat acute or chronic subluxation
 - Do not use Modifier AT when you perform maintenance therapy
 - Only use modifier AT when chiropractic manipulation is reasonable and necessary as defined by national and local policy
 - Note: Presence of the AT modifier may not indicate the service is reasonable and necessary. As always, contractors may deny after medical review.

Make sure you know these policies, along with any local coverage determination in your area, to better understand how active or corrective chiropractic services are covered.

- □ Submit records for all dates of service on a claim
- □ Make sure documentation is legible and complete, including signatures
- Include legible signatures and credentials of professionals providing services
 - o If signatures are missing or illegible, include a completed signature attestation statement.
 - o For illegible signatures, include a signature log.
 - For electronic health records, include a copy of electronic signature policy and procedures describing how notes and orders are signed and dated. Validating electronic signatures depends on obtaining this information.
- □ Include abbreviation key (if applicable)
- Include any other documentation to support medical necessity of services billed, as well as documentation specifically requested in an additional documentation request (ADR) letter
- □ Include a copy of the Advance Beneficiary Notice of Noncoverage (if applicable)

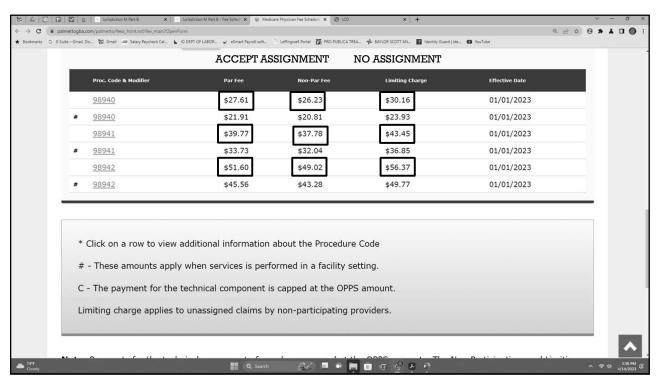
59



CPT CODES THAT ARE COVERED

- •98940- CMT 1-2 Regions
- •98941- CMT 3-4 Regions
- •98942- CMT 5 Regions

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ABOUT THE NON-PAR LIMITING CHARGE

- **Limiting Charge:** Only applies when the provider chooses <u>not to accept assignment</u>. (Patient pays up front)
- **The Limiting Charge** is the maximum amount a nonparticipating provider may legally charge a beneficiary when filing an unassigned claim.

https://medicarepaymentandreimbursement.com/

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PRIMARY DX CODES-SUBLUXATION (SEGMENTAL AND SOMATIC DYSFUNCTION)

- M99.01- OF CERVICAL REGION
- M99.02- OF THORACIC REGION
- M99.03- OF LUMBAR REGION
- M99.04- OF SACRAL REGION
- M99.05- OF PELVIC REGION

THESE ARE THE <u>ONLY</u> CODES PERMITTED IN BOX 21A OF THE CMS 1500 CLAIM FORM

MEDICARE CODES: THESE CODES ARE NOT NORMALLY USED IN COMMERCIAL PAYER SCENARIOS

- -AT: Appended to CMT code to indicate patient is undergoing ACUTE TREATMENT to correct a Subluxation
- -GA: Appended to CMT code to indicate that the patient is no longer under Active Treatment and they have signed an Advance Beneficiary Notice, choosing OPTION 1 (more on this later)
- **-GY:** Appended to all **Statutorily NON COVERED services** that may be be billed to Medicare
- -GP: Appended to Physical Therapy codes 97xxx to indicate the patient is under a Physical Therapy Plan of Care

COMMON
MODIFIERS
USED IN
CHIROPRACTIC
BILLING OF
MEDICARE B

65

EXCERPTS FROM PALMETTO GBA LCA

For Medicare purposes, a chiropractor **must** place an AT modifier on a claim when providing active/corrective treatment to treat acute or chronic subluxation. However the presence of the AT modifier may not in all instances indicate that the service is reasonable and necessary. As always, contractors may deny if appropriate after medical review.

THE -AT MODIFIER

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Coding Information

CPT/HCPCS Codes

Group 1 Paragraph:

N/A

Group 1 Codes:

CODE	DESCRIPTION
98940	CHIROPRACTIC MANIPULATIVE TREATMENT (CMT); SPINAL, 1-2 REGIONS
98941	CHIROPRACTIC MANIPULATIVE TREATMENT (CMT); SPINAL, 3-4 REGIONS
98942	CHIROPRACTIC MANIPULATIVE TREATMENT (CMT); SPINAL, 5 REGIONS

CPT/HCPCS Modifiers

Group 1 Paragraph:

N/A

Group 1 Codes:

l	CODE	DESCRIPTION	
l	AT	ACUTE TREATMENT (THIS MODIFIER SHOULD BE USED WHEN REPORTING SERVICE	
ı		98940, 98941, 98942)	ı

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ICD-10-CM Codes that Support Medical Necessity

Group 1 Paragraph:

The use of an ICD-10-CM code listed below does not assure coverage of a service. The service must be reasonable and necessary in the specific case and must meet the criteria specified in the Chiropractic Services L37387 LCD.

Group 1 Codes:

CODE	DESCRIPTION	
M99.01	Segmental and somatic dysfunction of cervical region	
CODE	DESCRIPTION	
M99.02	Segmental and somatic dysfunction of thoracic region	
M99.03	Segmental and somatic dysfunction of lumbar region	
M99.04	Segmental and somatic dysfunction of sacral region	
M99.05	Segmental and somatic dysfunction of pelvic region	

PALMETTO LCA

NOVITAS LCA

Grou	n 1	Codes:	(12 Codes)

CODE	DESCRIPTION						
199.00	Segmental and somatic dysfunction of head region						
199.01	Segmental and somatic dysfunction of cervical region						
199.02	Segmental and somatic dysfunction of thoracic region						
199.03	Segmental and somatic dysfunction of lumbar region						
199.04	Segmental and somatic dysfunction of sacral region						
199.05	Segmental and somatic dysfunction of pelvic region						
199.10	Subluxation complex (vertebral) of head region						
199.11	Subluxation complex (vertebral) of cervical region						
99.12	Subluxation complex (vertebral) of thoracic region						
199.13	Subluxation complex (vertebral) of lumbar region						
199.14	Subluxation complex (vertebral) of sacral region						
199.15	Subluxation complex (vertebral) of pelvic region						

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BILLING MEDICARE FOR STATUTORILY NON-COVERED SERVICES

- You are not required to bill for non covered services (ie: exams, xrays, therapy) <u>BUT</u>
- Patients may want you to file the claim
- Patient may have a true secondary
- Medicare may be a secondary payer

BILLING MEDICARE ADVANTAGE PLANS

- Understand your contracts: Are you IN or OUT of Network with the MA plan?
- ALWAYS verify coverage and benefits
- NOTIFY patient in advance if you are OON and there are no benefits
- Most MA Plans follow Medicare Guidelines, some have expanded coverage
- Some MA plans do not honor the AT modifier

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DEEMED PROVIDER UNDER MA PLANS

- When an enrollee in a private fee for service (PFFS) plan offered by a Medicare Advantage (MA) Organization obtains services from a provider, then for those services, that provider is classified into one of the following three mutually exclusive provider types:
- A provider is a direct-contracting provider if that provider has a direct contract (that is, a signed contract) with the MA
 Organization (meaning they are already contracted as an "in network" provider in that plan)
- · A provider is a deemed-contracting provider if:
- The provider is aware in advance of furnishing services, that the person receiving the services is enrolled in a PFFS plan
- The provider has **reasonable access** to the plan's terms and conditions of payment; and the service provided is covered by the plan
- A provider is non-contracting provider if that provider does not have a direct contract and is not deemed

DEEMED PROVIDER UNDER MA PLANS

- · A provider is "aware in advance" of enrollment if notice of enrollment for this enrollee was obtained from:
- The enrollee (e.g., presentation of an enrollment card)
- · CMS
- · A Medicare intermediary
- A carrier
- · The MA Organization itself
- A provider has "reasonable access" to the plan's terms and conditions of payment if the plan makes accessible
 its terms and conditions of payment through:
- Mail
- E-mail
- Fax
- · Telephone
- · A plan Web site

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EXAMPLE OF DEEMING

- · The following examples illustrate typical situations in which the provider becomes deemed contracting:
- An enrollee walks into a physician's office for the first time, advises the physician that he or she is a member of the PFFS plan and presents his or her plan enrollment card.
- Since the provider had the opportunity to call the plan phone number on the enrollee card, the
 provider is considered deemed contracting as soon as s/he provides services, even though the
 provider did not actually check the terms and conditions of payments.
- Once the provider is "DEEMED" they must accept terms of payment and reimbursement. So if
 there are no benefits, and the provider did not notify the patient in advance that they were out of
 network with their plan, the provider could not balance bill the patient for the non covered
 services.

MEDICARE B AND MEDICARE ADVANTAGE TIMELY FILING

1 YEARFROM DATE
OF SERVICE

77

14 BUSINESS DAYS FROM THE DATE IT IS ACCEPTED FOR ADJUDICATION

MEDICARE PROCESSING TIME

ABN'S (ADVANCE BENEFICIARY NOTICES) are used to inform patients that certain services and procedures may not be covered, and they may be financially liable.

ABN's are used in all practice settings, with all types of insurance companies, including Medicare B, Medicare Advantage, and Commercial Payers.

Failure to Notify patients in advance that a service might not be covered could result in the provider having to write off the entire claim, if not paid

ABN'S

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THE MEDICARE ABN

BACKGROUND

You must issue an ABN:

- •When an item or service is not reasonable and necessary under Medicare Program standards, including care that is:
 - Experimental and investigational or considered "research only"
 - Not indicated for diagnosis or treatment in this case
 - · Not considered safe and effective
 - More than the number of services Medicare allows in a specific period for the corresponding diagnosis

Excerpt from MLN: ICN MLN909183 July 2020

Generally, CMS recognizes three events known as "ABN Triggering Events" where a supplier must furnish an ABN to a beneficiary prior to furnishing items or services. These three events are:

- a) Initiation At the beginning of a new patient encounter, start of a plan of care, or beginning of treatment, a supplier must issue an ABN to the beneficiary if the supplier knows or reasonably believes that Medicare is likely going to deny payment.
- b) **Reduction** A supplier must issue an ABN to a beneficiary if there is a reduction in the patient's care plan and the patient would like to continue receiving care that is no longer considered medically reasonable or necessary.
- c) **Termination** A supplier must issue an ABN to a beneficiary if there is a discontinuation of certain items or services and the beneficiary would like to continue receiving care that is no longer medically reasonable and necessary.

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CHANGES TO ABN RULES AS OF 10/14/21

- Beginning on October 14, 2021 ("Effective Date"), suppliers must use the updated and revised ABN guidelines found in Chapter 30, Section 50 of the *Medicare Claims Processing Manual*. A few of the key provisions that were revised include:
- (i) the events that trigger the furnishing of an ABN,
- (ii) general notice preparation requirements,
- (iii) the furnishing of ABNs to dual eligible individuals, and (iv) the period of effectiveness.

Prior to the July 14, 2021, revisions, ABNs were effective for up to one year. However, as of the Effective Date of revised provisions, **a valid ABN will remain effective indefinitely** so long as there is no change in:

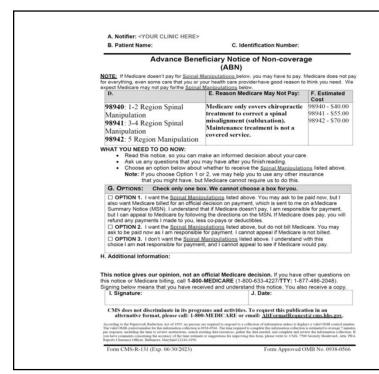
- •the patient's plan of care;
- •the beneficiary's health status that would require a change in treatment for the non-covered condition; and/or
- •there are changes to the Medicare coverage guidelines for the items or services in question.

If any of the above-mentioned criteria changes during the course of treatment, the supplier must issue a new ABN to the beneficiary. If the beneficiary is receiving items or services that are repetitive or continuous in nature, the supplier may issue another ABN after the first year, but it will no longer be required to do so.

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THE MEDICARE ABN AND CHIROPRACTIC

- ONLY MEDICARE PART B
- ONLY FOR SPINAL MANIPULATIONS
- OTHER SERVICES UNDER A VOLUNTARY ABN
- USE THE MOST CURRENT FORM Form CMS-R-131 (Exp.01/31/2026)
- ISSUE ABN WHEN YOU BELIEVE MEDICARE WILL STOP PAYING
- ISSUE NEW ABN IF THERE IS A NEW TX PLAN/NEW DX
- NO LONGER NECESSARY TO FILL OUT ANNUALLY (AS OF OCT 15TH 2021)



EXAMPLE OF A CHIROPRACTIC ABN

REVIEW WITH PATIENT

DO NOT TELL THEM WHAT OPTION TO CHOOSE!

85

A. Notifier: (NAME OF CLINIC)

EXAMPLE OF A VOLUNTARY CHIROPRACTIC ABN

NOTIFIES PATIENTS OF SERVICES THAT ARE NOT COVERED BY MEDICARE

INFORMATIONAL
ONLY, PATIENT
DOES NOT NEED TO
CHOOSE ANY
OPTIONS

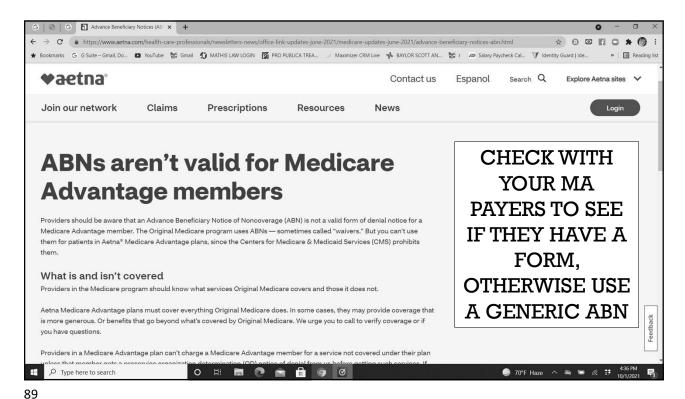
ABN'S FOR NON-PAR PROVIDERS AND DUAL ELIGIBLE PATIENTS (Medicare/Medicaid) ARE FILLED OUT SLIGHTLY DIFFERENTLY. EXAMPLES AND GUIDELINES AVAILABLE ON REQUEST.

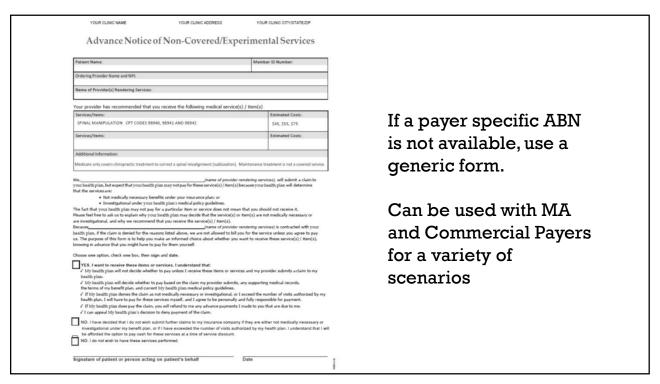
SEND EMAIL TO INFO@GOLDSTARMEDICAL.NET

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WHAT ABOUT MEDICARE ADVANTAGE PLANS?

- DOCUMENTATION REQUIREMENTS ARE THE SAME
- CODING REQUIREMENTS MAY BE DIFFERENT
 - Some MA plans do not recognize AT mod.
 - Some MA plans have expanded coverage
- MA plans do not recognize the Medicare ABN. They may have one of their own, or use a generic ABN

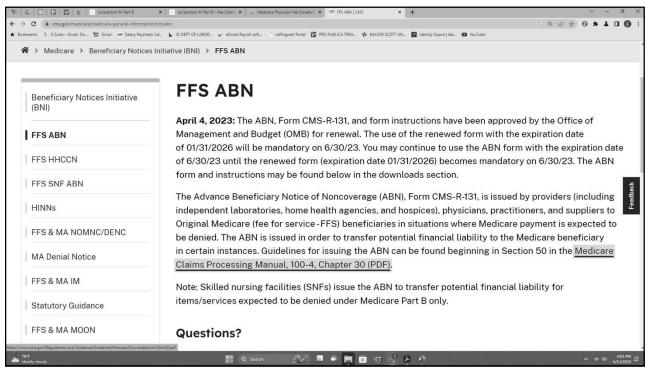


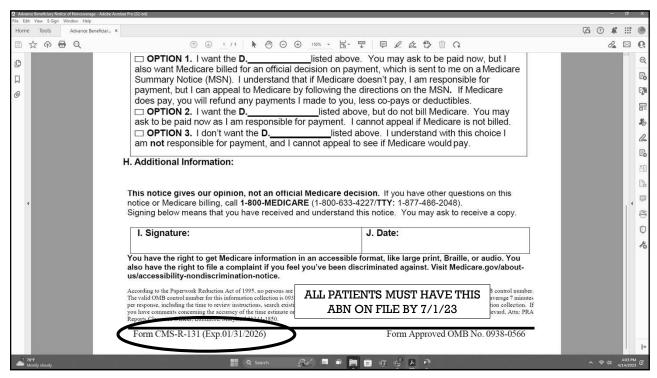


NEW ABN MANDATORY AS OF 6/30/2023

- The current ABN Form Expires 6/30/2023
- ALL PATIENTS under ABNs must be issued a new one by the expiration date of 6/30/23
- You may start using the new ABN form now, it is available

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TO OBTAIN NEW ABN TEMPLATES

- EMAIL US! <u>LMOLINA@GOLDSTARMEDICAL.NET</u>. Tell Liz you'd like the ABN templates!
- https://www.cms.gov/medicare/medicare-general-information/bni/abn
 - · Scroll to the bottom of the page and find the window DOWNLOADS.
 - · Download ABN Instructions
 - Download ABN Forms English and Spanish (ZIP)

MEDICARE PHONE CONTACT

PALMETTO GBA

CUSTOMER SERVICE LINE: Call 1-855-696-0705 (Toll Free) 8:00-4:30 est

NOVITAS SOLUTIONS

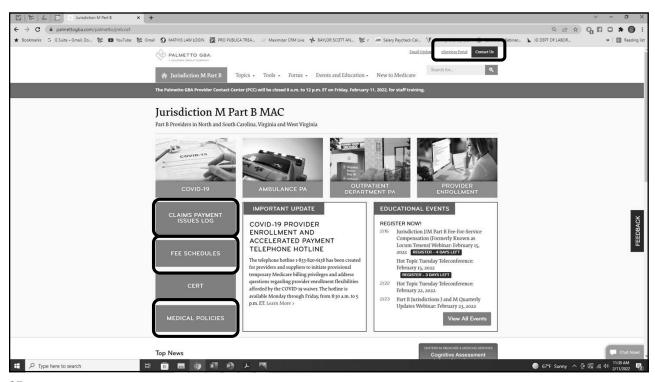
CUSTOMER SERVICE LINE: Call 877-235-8073 (Toll Free) 8:00-4:00 est

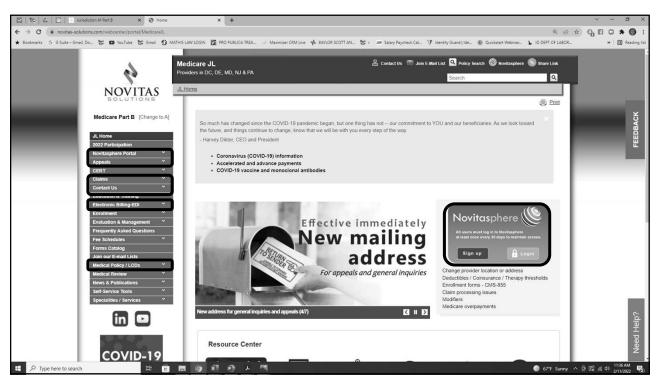
95

MEDICARE PROVIDER PORTALS

PALMETTO GBA – E-SERVICES PORTAL

NOVITAS SOLUTIONS - NOVITASPHERE





PALMETTO GBA E-SERVICES PORTAL AND NOVITASPHERE

- ELIGIBILITY AND BENEFITS
 - Does Patient have Medicare B or MA plan?
 - Is MCR Secondary?
 - Have they met their Part B Deductible?
- CLAIM STATUS
- FIND EOB'S
- REDETERMINATIONS 1ST LEVEL OF APPEAL
- MEDICAL CLAIMS ATTACHMENTS

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MEDICARE CLAIMS INVESTIGATIONS



REOPENINGS

Types of Reopenings

Clerical Error Reopenings

The Centers for Medicare & Medicaid Services (CMS) defines clerical errors (including minor errors or omissions) as human or mechanical errors on the part of the party or the contractor, such as:

- Mathematical or computational mistakes
- · Transposed procedure or diagnostic codes
- Inaccurate data entry
- · Misapplication of a fee schedule
- Computer errors
- · Denial of claims as duplicates which the party believes were incorrectly identified as a duplicate
- · Incorrect data items, such as provider number, use of a modifier or date of service

Claim Corrections

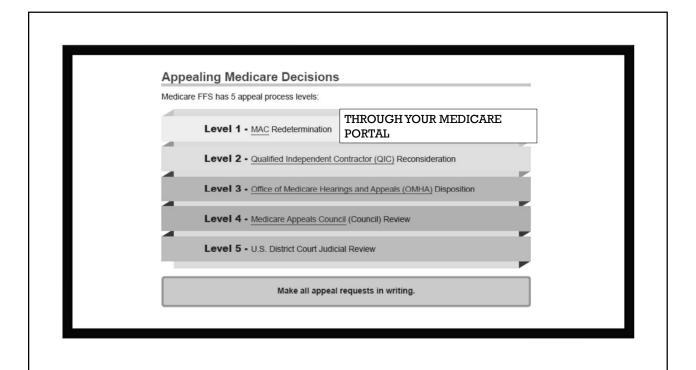
RTP = RETURN TO PROVIDER

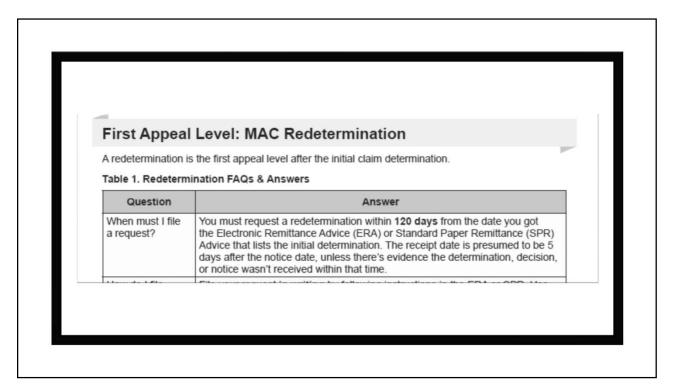
- The claim correction process only applies to RTP claims. A claim correction may be submitted online via the Direct Data Entry (DDE) system.
- To access RTP claims in the DDE Claims Correction screen, select option 03 (Claims Correction) from the Main Menu and the
 appropriate menu selection under Claims Correction (21 Inpatient, 23 Outpatient, 25 SNF)
- · RTP claims remain in this location (TB9997) and are available for correction for 180 days
- RTP claims are not finalized claims and do not appear on your Remittance Advice (RA). Therefore, correct the claim in DDE (xx7).
 Remember you cannot correct a medically denied line. You must leave those as non-covered and make necessary corrections.
 Once the claim processes, you may appeal any denied lines.

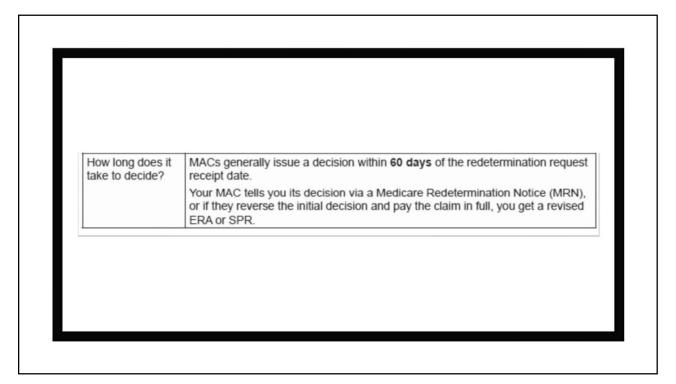
CORRECTIONS

(CLAIM REJECTED - BILLING SUBMISSION ERRORS)

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Appeal Process Summary

Table 6. Appeal Process Summary

Level	Review Process Summary	Who decides?	When must I file a request?	How long does it take to decide?	AIC	Forms
First Level – MAC Redetermination	Document initial claim review determination	MAC	Up to 120 days after you get initial determination	60 days	No	CMS-20027 CMS-20031
Second Level – Qualified Independent Contractor (QIC) Reconsideration	Document redetermination review, send any missing appeal evidence	QIC	Up to 180 days after you get the Medicare Redetermination Notice (MRN)	60 days	No	CMS-20033
Third Level – Office of Medicare Hearings and Appeals (OMHA) Disposition	May be an interactive hearing between parties or an on-the-record review	Administrative Law Judge (ALJ) or attorney adjudicator	Up to 60 days after you get the QIC decision notice or after QIC reconsideration expiration time frame if you don't get a decision	90 days if appealing a QIC reconsideration decision or dismissal or 180 days if appeal was escalated to OMHA	Yes	OMHA-100 OMHA-100A OMHA-104
Fourth Level – Medicare Appeals Council (Council) Review	Document ALJ's review decision (you may request oral arguments)	Council	Up to 60 days after you get the OMHA's disposition notice or after expiration time frame if you don't get a decision	90 days if appealing an OMHA disposition or dismissal or 180 days if ALJ review time expired without an ALJ decision	No	DAB-101
Fifth Level – U.S. District Court Judicial Review	Judicial review	U.S. District Court	Up to 60 days after you get the Council decision notice or after Council expiration time frame if you don't get a decision	No statutory time limit	Yes	No HHS form available

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Set up Provider Portal Access

Research Policy for Reopenings/Corrections and Appeals

Will be different than Medicare B

Will be different based on each individual payer

APPEALS FOR MEDICARE ADVANTAGE CLAIMS

MEDICARE AUDITS

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PRE-PAYMENT AUDIT

- CLAIM IS AUDITED BEFORE PAYMENT IS ISSUED.
- USUALLY AUTOMATED-CONDUCTED DURING THE CLAIMS PROCESSING PHASE
- RESULTS IN CLAIMS REJECTION (RTP)
- SOME PRE-PAYMENT AUDITS WILL RESULT IN A MEDICAL RECORDS REQUEST

CERT (COMPREHENSIVE ERROR RATE TESTING) AUDIT

- The Comprehensive Error Rate Testing (CERT) Program, established by the Centers for Medicare & Medicaid Services (CMS), calculates error rates that measure both the extent to which providers are correctly submitting claims to Medicare and the extent to which contractors (including Palmetto GBA) are correctly paying claims
- Every month, the CERT contractor selects a random sample of both paid and denied claims processed by Palmetto GBA. The CERT Contractor sends letters to the providers who submitted those claims, requesting medical records and any additional documentation that will support the service(s) that were provided.

 $https://www.palmettogba.com/palmetto/jmb.nsf/DIDC/8EEL8R5556 {\sim} Specialties {\sim} Chiropractic$

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CERT (COMPREHENSIVE ERROR RATE TESTING) AUDIT

Chiropractic Medical Records and Documentation

Medicare requires the individual who ordered or provided services be clearly identified in the medical records. The signature for each entry must be legible and should include the practitioner's first and last name and applicable credentials, e.g., P.A., D.O. or M.D. For more information about signatures, please refer to "Medicare Medical Records: Signature Requirements, Acceptable and Unacceptable Practices" and CMS MLN Fact Sheet Complying with Medicare Signature Requirements (PDF, 838 KB).

When the CERT Contractor requests documentation from doctors of chiropractic medicine, the request letter will contain specific instructions to provide records/documentation for the preceding six months prior to the date of service for the sampled claim(s), if the services in those six months are associated with the same condition(s). When you submit documentation to the CERT Contractor in response to their request, it is imperative that you include the treatment plan to support chiropractic services planned and rendered for the course of treatment.

 $https://www.palmettogba.com/palmetto/jmb.nsf/DIDC/8EEL8R5556 \sim Specialties \sim Chiropractic content of the cont$

FOLLOW THE DOCUMENTATION REQUIREMENTS CONTAINED IN THE CHIROPRACTIC JOB AID

THEY ARE THE SAME REQUIREMENTS THAT ARE REVIEWED IN CERT AUDITS

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COMMON ERRORS FOUND IN CERT AUDITS OF CHIROPRACTIC CLAIMS

Common denials seen by Palmetto from CERT contractor reviews of Chiropractic care are as follows:

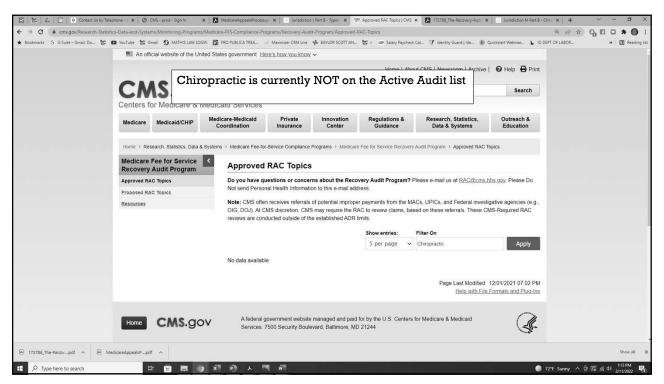
- Missing treatment plan (PLAN OF CARE)
- Chief Complaint is not clearly documented
- · Regions being treated are not clearly documented
- Subluxation Levels not Defined

To avoid denial of your claim(s) requested, follow the documentation guidelines previously stated. All the requested documentation must be submitted to the CERT Contractor by the deadline stated in the request. If your claim is found in error Palmetto GBA is required to recoup any payment(s) that may have been made on the claim(s).

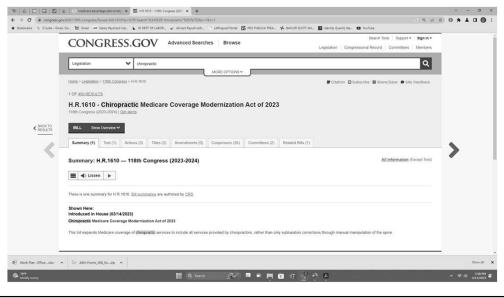
RECOVERY AUDIT CONTRACTORS (RAC)

- RAC Audits usually target a specific area of Fraud, Waste and/or Abuse of the Medicare System
- · Many times RAC Audits follow in the wake of the OIG Work Plans
- · Much more comprehensive than CERT Audits
- · Longer Look Back Period
- Extrapolation Audit
- CMS.GOV has a list of ACTIVE RAC audit topics

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FEDERAL LEGISLATION AFFECTING CHIROPRACTIC



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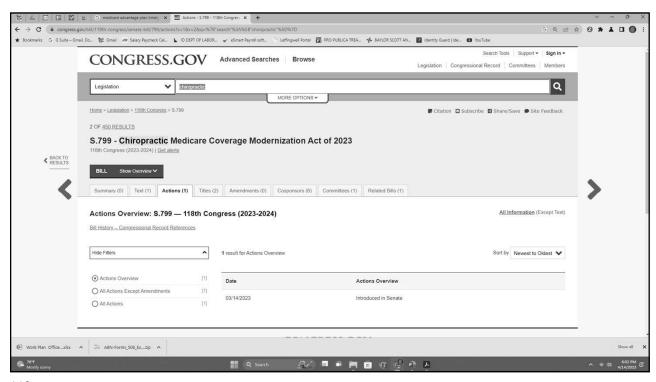
YOUR CONGRESSMEN

Representatives of the 118th United States Congress:

- 1st district: Rob Wittman (R) (since 2007)
- 2nd district: Jen Kiggans (R) (since 2023)
- 3rd district: Bobby Scott (D) (since 1993)
- 4th district: Jennifer McClellan (D) (since 2023)
- 5th district: Bob Good (R) (since 2021)
- 6th district: Ben Cline (R) (since 2019)
- 7th district: Abigail Spanberger (D) (since 2019)
- 8th district: Don Beyer (D) (since 2015)
- 9th district: Morgan Griffith (R) (since 2011)
- 10th district: Jennifer Wexton (D) (since 2019)
- 11th district: Gerry Connolly (D) (since 2009)

Contact Information for your Congressman/Woman

https://www.congress.gov/members



YOUR SENATORS

•Tim Kaine

https://www.kaine.senate.gov/contact

Mark Warner

https://www.warner.senate.gov/public/

UVCA MEMBER BENEFIT

QUESTIONS?

CONCERNS?

NEED HANDOUTS?

NEED FORMS?

NEED ADVICE?

NEED HELP?

BILLING SERVICES
TRAINING
CREDENTIALING
CONSULTING
COMPLIANCE

 Call Gold Star Medical Business Services for a Complimentary Consultation

• Phone: 830-613-8325

• Email: lmolina@goldstarmedical.net

• Visit website: www.goldstarmedical.net

 Facebook: www.facebook.com/goldstarmedical

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UVCA SAVE THE DATE! DEC 2, 2023 (SATURDAY) 9AM – 5PM

Live, IN PERSON Medicare Billing and Documentation Course
Northern VA- Location TBA



THANK YOU FOR YOUR ATTENDANCE!